



None but Ourselves Can Free Our Minds, and in so doing Free ourselves.

“In order to see reality, we must learn how to remove the propaganda built into the machinery of the brain.”

Only if we become conscious of the ‘lies’ and ‘propaganda’, can the self be truly liberated. It is only when we can separate the lies from the truth, will we be able to make sense of the chaos in the world and come to know who REALLY is Good and Bad and who REALLY is my Friend or my Enemy” Based on an article written by **By David DeGraw** in June 08, 2013 edition of the "[Information Clearing House](#). [edited version]

After years of research and analysis, I’ve come to hard-fought, battle-tested conclusions that in fact, we live in a neo-feudal society [master and slaves] built on debt and mental slavery. I have dedicated my life to sharing this research with others. As Thomas Jefferson once said, “Enlighten the people generally, and tyranny and oppressions of body and mind will vanish like evil spirits at the dawn of day.”

I: UNPRECEDENTED WEALTH

That unprecedented increase in wealth, as many of you know, has gone to the top economic 1%. Most of it, the lion’s share of it, went to not even the top economic 1%, but to the top one-hundredth of one percent, to the modern day aristocracy. . The means ONLY 400 Americans have as much wealth as 185 million Americans combined; that’s only 400 people with as much wealth as 60% of the entire US population. In dollars, they have 50 TRILLION DOLLAR\$. Most people cannot even comprehend how much \$1 trillion is, let alone \$50 trillion. One trillion is equal to 1000 billion, or \$1,000,000,000,000.00 WHO ARE THESE TOP 1% ?

Broadly speaking, they are composed of governments, political parties, policy groups, think tanks, private military companies, large global corporations, kingdoms, banks and media empires. Included in that are mega-wealthy billionaires and CEOs who have unprecedented control of wealth and resources. For example, the Business Roundtable, the people who run the 147 inter-connected corporations who control half of the world economy.

Now we know that majority of the world’s population is in poverty and does not have safe drinking water. Just to give a little context, we can end world hunger and provide clean drinking water to everyone on the planet for an estimated [\\$40 billion only](#). Again, one trillion is one thousand billion, and we are talking about \$50 trillion. More than enough to solve the problems of education, health etc. – but ... they rather use that money for more war and more control ...

II: DEBT SLAVERY

As an old wise person once said, “There are two ways to conquer and enslave a nation. One is by use of force and propaganda. The other is by keeping you in debt.” We live in a neo-feudal system of debt slavery. The indentured servant is now the indebted consumer.

Just at the point when technological advancement, production, distribution and wealth increases should have made everyone’s life much easier, just when basic necessities should have become

much more affordable and easier to obtain, they became more expensive forcing people to take on increasing levels of debt to keep up. As most people are aware, student debt, consumer debt, medical debt and household debt have reached all-time record highs.

Crime against Humanity

After careful consideration, it must be said that this is not only the greatest theft of wealth in history; it is also the greatest crime against humanity in history.

How healthy is a society when 400 people have as much wealth as 185 million of their neighbours combined? What kind of a system produces a result like that? Now that you are beginning to grasp the wealth at hand, and the possibilities of how that wealth can be used to solve society's problems, let's take a look at how we got into this situation and how exactly it is that they got away with hoarding and misusing so much wealth?

III: MENTAL SLAVERY – CONDITIONED CONSCIOUSNESS

“To subdue the enemy without fighting is the highest skill.”- Sun Tzu, The Art of War, 246 BC

The mainstream media is the most effective weapon of mass oppression humanity has ever known. The bottom line, as Dewey once said, “We live exposed to the greatest flood of mass suggestion humanity has ever experienced.”

Speaking from personal experience, having been born and raised inside this propaganda system, and still obviously living inside it, I have come to realize that even the most independent minded among us vastly underestimates how mentally conditioned we all are. Most people are no more consciously aware of this mental domination than they are aware of gravity

How is this possible? Let's start with television consumption and advertising. The average American watches more than [five hours of TV](#) a day, every single day of their life. American children view more than [40,000 ads](#) per year, every single year of their life. Think about that. That's intensive mental domination administered on a daily basis, from the cradle to the grave.

Ultimately, as Phil Merikle summed it up, “It's what advertisers have known all along: if we just keep the exposure rate up, people will be influenced.” Repetition, it's all about repetition.

Repetitive messages fill our mental atmosphere. To paraphrase Philip Lesley in *Managing the Human Climate*, ‘When a message appears all around you, you tend to accept it and take it for granted. You find yourself surrounded by it and your subconscious mind absorbs and becomes immersed in the climate of repetitive ideas.’ They form the origins of your thoughts. It's where your desires, opinions and perspectives are born.

Malcolm X said it best, “The media's the most powerful entity on earth. They have the power to make the innocent guilty and to make the guilty innocent, and that's power. Because they control the minds of the masses.”

IV: Censorship

The censorship that is most prevalent today is the most dangerous form. Not censorship of explicit words, sex or violence, but censorship of any thoughts **outside** of government or

corporate ideology. Any ideas or critical thought on the established power structure or outside of the popular opinion are left out of the debate, out of mainstream public media and consciousness.

The mainstream press does not cover the most vital social, economic and political issues. The more important something is, the less they report on it. If mentioned at all, it's mentioned in passing, with little, if any, in-depth reporting, discussion and debate on it. It's censorship by omission. As Noam Chomsky observed, this is how propaganda and social control posing as freedom and democracy works: "The smart way to keep people passive and obedient is to strictly limit the spectrum of acceptable opinion, by allowing very lively debate within that spectrum.... That gives people the sense that there's freethinking going on, while all the time the propaganda of the system are being reinforced by the limits put on the range of the debate."

When you start to see the reality **that they don't tell you** about, it becomes all too clear. If you were to just look at what **they don't tell you**, you would see. Mainstream media is the most effective weapon of mass oppression humanity has ever known. It's hard to break free, when you are always told you are free. As Huxley put it in *Brave New World Revisited*, "The victim of mind-manipulation does not know that they are a victim. To them, the walls of their prison are invisible, and they believe they are free."

You can't break free until you see the walls. The whips and chains have evolved into TVs and radios. As William Blum said, "Propaganda is to democracy what violence is to dictatorships." If television was around in the 1770s, we would still be living under British rule.

V: Control of Education Institutions

Modern indoctrinated intelligentsia have been produced like products off an assembly line. In *The Genesis of the Technocratic Elite*, Zoran Vidakovic breaks down how the assembly line of indoctrination works:

"Selection, education, and specific indoctrination of technical and administrative cadres are carried out first in metropolitan educational and research factories and their branches in dependent societies, from the ministries and banks, universities, and public information, cultural, and scientific institutions.

Give people a paycheck to have certain opinions, to do certain things. You can see it everywhere, in almost all professions, not just the media. If you think a certain way, if you do certain things, you will be awarded with a paycheck. If you don't, you lose your paycheck. Or, as Thomas Paine said in *Rights of Man*, "Those who do not participate in this enacting do not get fed."

VI: FREE YOUR MIND, CHANGE YOUR THINKING

"You have to understand, most of these people are not ready to be unplugged. And many of them are so brainwashed, so hopelessly dependent on the system that they will fight to protect it... Sooner or later you're going to realize, just as I did, that there's a difference between **knowing** the path, and **walking** the path. I'm trying to free your mind... But I can only show you the door. You're the one that has to walk through it."

Having been bred within this all-pervasive propaganda system, I understand the disbelief people feel. When our conditioned belief system is called into question and comes crashing down, it is a hard pill to swallow. No one wants to believe that they have been manipulated or taken advantage of. This will stir up an instinctive dismissal, a powerful emotional response. We are creatures of habit, and it is much easier, over the short-term, to just stay on a path of denial and ignorance. Hear no evil. See no evil.

The task upon us is to consciously counter conditioned consciousness “Are you brave enough to see the evil? Do you want to change it?” –Trent Reznor

Many of us feel powerless to change things. These feelings are only a result of our conditioning. We have become so propagandized that many of us do not realize the significant position that we are in. We are not poor people trapped in a third world existence. We are a mass of people who have the power to change society and change the course of history – BUT THE WE NEED TO CHANGE FIRST!!

It is stunning to hear all these people, so many people saying that they can't do anything about it. Far too many people think that we can't create change; that is why we don't. Why do you think that we can't change the world? How did you come to that conclusion? Who taught you to believe that? Consider this simple truth from Strobe Talbott, “All countries are basically social arrangements, accommodations to changing circumstances. No matter how permanent and even sacred they may seem at any one time, in fact they are all artificial and temporary.”

The overwhelming majority feels powerless to create political change. If they would just realize that they are the overwhelming majority, they would no longer feel this way.

VI: CYBERSPACE UNDERGROUND RAILROAD

Thanks to the Internet, to the cyberspace underground railroad, people are now freeing their minds from conditioning and entrenched power censors. The Internet is to our generation what pamphlets were to our forefathers' generation during the first American Revolution. People are going to the Internet to find out all the information that the corporate mainstream media is not letting people know about. As a result, we now have a critical mass of informed and outraged citizens who are also using the Internet to organize. They are now transcending conditioned consciousness and expanding their awareness on a scale unprecedented in human history.

The inevitable demise of our current neo-feudal system was summed up by George Orwell when he said, “. In the long run, a hierarchical society was only possible on a basis of poverty and ignorance.”

Today, we have instantaneous worldwide communication and an unprecedented amount of wealth in the most technologically advanced society. The masses are now connected and aware. People are throwing off their mental shackles and realizing their potential. A new renaissance and age of enlightenment has begun. Another world is happening. Humanity is rising.

Enough of being just spectators. It's time to be a player, to get involved and to transform our world. All it needs to evil to continue, is for good people to sit back and do nothing.

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